





Social Content

 **What Did U Do?** 12 October at 10:05 · 🌐

"I really want a man who hits, humiliates, strangles, rapes, intimidates, and kicks me", said no woman, ever! That's because women want good men who work on their weaknesses and treat their women with love, respect, and dignity. If you're a good man, try to #BeABetterMan every day by #BreakingTheSilence on the abuse you see around you. When you defend others, you are a real man. <http://bit.ly/2kVjdqL> #WhatDidUDO #RiseUpForWomen



What Did U Do?
Social service [Learn More](#)

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What Did U Do?

7 October at 14:46 · 🌐

"I need him. He's so much smarter than me. He's so much more attractive than I am. I can't look after myself. I'm the one who makes him that angry." NO! He's much weaker than you are. He's the one who needs YOU to feel powerful. He's the one who can't look after himself by dealing with his own emotions. Don't settle for a weak man when you deserve a real man! #MakeADifference and #RiseUpForWomen by walking away. Tell your story of strength. <http://bit.ly/2kVjdqL> #BreakTheSilence #WhatDidUDo



What Did U Do?

Social service

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👍❤️😬 19

1 comment 4 shares



What Did U Do? @WhatDidUDo2018 · Oct 7

TRUST YOUR INSTINCTS – The next time you ignore the feeling that there's something off about this guy, it could be the day you're right – and then it might be too late. #RiseUpForWomen by acting when it happens. bit.ly/2kHrPlf #MakeADifference #WhatDidUDo



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123



What Did U Do? @WhatDidUDo2018 · Oct 9

Does a real man act tough, provide for his family, or score with the ladies? South African men, what do you think it means to be a man? Retweet us your thoughts! bit.ly/2kHrPlf #MakeADifference #RiseUpForWomen #WhatDidUDo #BeABetterMan



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What Did U Do? @WhatDidUDo2018 · Oct 10

A man doesn't break, he builds. A man doesn't hurt, he heals. We want to hear from all South African women – what do you think it means to be a man? Message us, #MakeADifference & dedicate a flower to our fallen women from our website: bit.ly/2kHrPIf #AmINext #WDUD



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245



What Did U Do? @WhatDidUDo2018 · Oct 11

A real man has the courage to face his own shadow and overcome it. Punishing those around you won't heal what's broken. Choose to #BeABetterMan today and get the help you need. bit.ly/2kHrPIf #MakeADifference #RiseUpForWomen #WhatDidUDo



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